

Ana Bugarim Santos has been teaching yoga since 1997.

Born and raised in Rio de Janeiro, Brazil with a major in Dance Theater and Drama, Ana has lived and traveled extensively in USA for the past 8 years. First working in Miami in the rag trade selling Workout Clothing, Ana became interested in yoga .

Eventually expanding her knowledge and studies by taking several yoga training and workshops: Bikram, Ana Forest, Dahrma Mitra and Tim Miller. She is also the owner of Shakti Active Wear, a popular Yoga wear line that it's been sold all over the US, Europe and Asia .

Ana's back ground is in theatre . She's worked as an actress in several plays and soap operas in Brazil and was recently cast as the Yoga Instructor in the hit Warner Bros. film "He's just not that into you", where she also choreographed the scene and trained the main talent.

Ana is excited to do her best to make this retreat an unforgettable experience to all that join her in this amazing retreat in this unique and beautiful part of the world.

Welcome to Brazil!